

[illegible]

Crew				Passage Plan			
				Wp	Course	Distance	
Watchkeeping							
Period	Crew	Period	Crew				
Remarks				Forecast			
				Current			
				Sea state			
				Fuel Tank		Water Tank	
				Nav. Light		Battery voltage	
				on		Bat.1	
				off		Bat.2	
Daily totals			Running totals				
Voyage total			Voyage total				
Engine total		hrs	Nm	Engine total		hrs	Nm
Underway		hrs	Nm	Underway		days	hrs

Remarks:

Format is landscape A5 without margins, two pages are for entry, the third page is this remark.

Every day start a new two-page.

Every units are kn (knot) for speed and nm (nautical mile) for distance, if otherwise not indicated. P stands for pressure, T for Temperature.

For tidal range calculate the difference between the actual line and line before.

In the comment field the m/s stands for motor or sail, circle which applicable. Motor on-off indication here helps calculating the daily and running totals for motor time and nm-s. Use the comment field for any other related notes for the timestamp (e.g. anchor drop, leave port, enter port, berthing, MOB exercise, etc...).

In the Nav. Light fields note when you switched on and/or off the navigation lights.

Feel free to use the following Douglas scale for sea state:

State of the sea	Description	Waves average height (m)
0	calm (glassy)	0
1	calm (rippled)	0 - 0.1
2	smooth	0.1 - 0.5
3	slight	0.5 - 1.2
4	moderate	1.25 - 2.5
5	rough	2.5 - 4
6	very rough	4 - 6
7	high	6 - 9
8	very high	9 - 14
9	phenomenal	> 14